



BRIDGES OF LOVE

LOVE IS ACTION – MAY, 2024

“MAY HE GIVE YOU THE DESIRE OF YOUR HEART” Psalm 20:4



EMERGENCY PREPAREDNESS WEEK

Take action so that you, your family, and your community are prepared for emergencies.

Emergency Preparedness Week (EP Week) is a national event supported by Public Safety Canada, working closely with provincial and territorial emergency management organizations, Indigenous organizations, non-governmental organizations, and private sector organizations who support activities at the local level.



Everyone has a role to play in an emergency. EP Week is an opportunity for you to take action to ensure you are prepared to protect yourself, your family and your community during an emergency. This year, the theme **"Be Prepared. Know Your Risks"**, encourages Canadians to understand the risks in their area and learn what actions they can take to protect themselves and their families.

We forward to another opportunity to share at the Okotoks Emergency Preparedness Week event taking place May 11, 2024, on the north side of 99 Okotoks Drive from 11:00 am to 2:00 pm. CERT Graduates please consider joining us for another great day with the community! We will be sharing resources from the Wildfire Management Branch, Forestry Division, Alberta Forestry and Parks to assist with the wildfire season which is predicted to be severe.

WILDFIRE SEASON

Wildfire season runs from March 1 to October 31 in Alberta, which means fire permits are required for activities such as residential, industrial or agricultural debris burning. Albertans living in the Forest Protection Area can get a fire permit through your local forest area office.

Alberta is preparing for an intense 2024 wildfire season. A sweeping fire restriction has been put in place across Alberta as hot, dry weather leaves forests tinder-dry. Emergency officials are urging extreme caution in the weeks ahead as a persistent and severe drought pushes Alberta's wildfire danger to the extreme.

Fine particles in the air from wildfires can get deep into people's lungs and bloodstream and cause inflammation. Those with asthma, COPD (chronic obstructive pulmonary disease), or other chronic lung diseases are at increased risk of additional inflammation and may become wheezy or short of breath.

Steps to help support health and protect lungs from damage: Drink plenty of water, drink hot liquids, use saline nasal spray, and rinse sinuses with Neti Pot.

The theme for Psalm 20 is a prayer for victory in battle. David knew that trust should be placed in the Lord more than in human power. The congregation looked forward to celebrating David's victory over the enemy). The victory would be achieved "in the name of our God." In other words, David and his army would act on God's behalf. This man of God knew that when the desires of our heart are in harmony with God's plans and purposes, we are living in the unity of the Spirit and walking in accord with His perfect will. Such a prayer can help prepare us for any great challenge.

Our relocation to Red Deer has indeed posed a greater challenge than expected! Best-laid plans do not always go as hoped, as the mobile home we thought was going to be our residence did not come to fruition, due to an inspection report that caused concern. Since we began down this road, however, we along with our Board of Directors, have prayed earnestly that we would be in tune with God's purposes.

With just a month before our scheduled move, we purchased an apartment in the Michener Hills area of Red Deer. It been an emotional and tiring process but we know we are following the Lord in these decisions, so He is giving us strength and courage to make this transition.