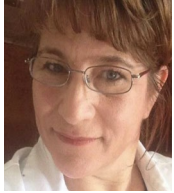


SATURDAY February 11, 2023

8:30 AM – 9:00 AM CONTINENTAL BREAKFAST

9:00 AM – 10:30 AM PSYCHOLOGY OF TRAUMA

Caring for Yourself, Your Buddy, and Victims. This covers how to provide “psychological first aid” in response to the impact of disaster on rescuers and victims.



Anna Swanepoel, RPC, MPCC, CPCA

Anna is an experienced Trauma Informed Registered Professional Clinical Mental Health Counselor with a demonstrated history of working with diverse cultures and the National Director of CPCA Skilled in Crisis Counselling, Communication PTSD & Disaster PFA, Expressive Healing Art & Music, Stress Relief Therapy, Anxiety Relief, ADHD CBT. Business & Entrepreneur Mentoring.

10:45 AM – 2:15 PM Medical Disaster Operations, Unit 1 & 2

In a disaster, there may be more victims than rescuers, so assistance from professionals may not be immediately available. Topics covered include treatment for life-threatening conditions, airway obstruction, bleeding, and shock. For other less urgent conditions, the greatest good for the greatest number, conducting simple triage and rapid treatment.



Geoff Green is a retired Paramedic who worked mainly in Calgary & Airdrie and 18 years, was on the front line. He also had experience in the remote rural setting which gave him an opportunity to practice without the support offered in the major centres. This provided an additional challenge to enhance his skills. He has been a field trainer, mentor, preceptor to new medics as they entered the EMS field. In his free time, Geoff enjoys the outdoors and spending time with his two boys.

2:30 PM – 4:00 PM PERSONAL DISASTER PREPAREDNESS

“Yourself, your family, then your neighbours!” Your own preparedness in an emergency will make all the difference in being able to assist your community.



Gerrit Swanepoel was born in Vryheid, South Africa, where his family ran a family farm. In 2008, he and his family immigrated to Canada, settling in High River. In 2017, they purchased their first piece of land and now own one of the largest aquaponic farms in Canada. Unfortunately, a year later, they lost their farm and operation to a catastrophic fire. Being prepared for whatever disaster may come, has now become a more personal journey! Gerrit has extensive and varied experience and training in project management.

**“THE POWER OF CIVIL SOCIETY,
MOVING AT THE SPEED OF TRUST”**

Much appreciation to our instructors!

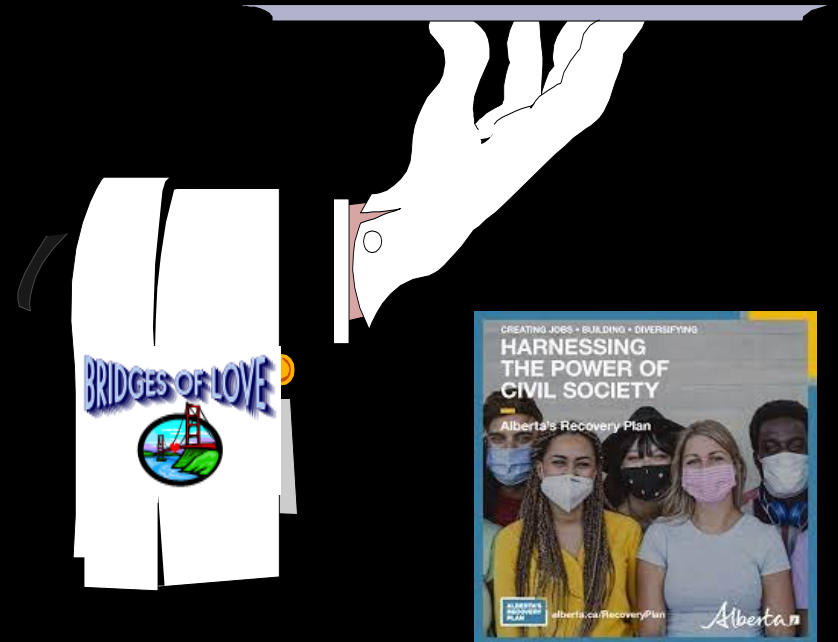
Welcome

COMMUNITY EMERGENCY RESPONSE TEAM

SUMMIT



CERT



NEIGHBOURS HELPING NEIGHBOURS